

# Inspired Journeys

Unique Journeys Returning to Oneness

Volume I ☿ September-October 2010

## Upcoming Events

All events open 30 minutes early

### September 1-3

Crystal Healer Certification and Angel Gemstone Oracle Readings with Margaret Ann Lembo

### September 8

7:00–9:00 p.m.  
Breaking Patterns workshop \$15

### September 8

7:00–8:00 p.m.  
Chakras for Beginners \$30

### September 9

7:00–9:00 p.m.  
Creating a Sacred Mandala workshop \$25

### September 10

7:00–9:00 p.m.  
Inspired Ghost Tracking Meetup Group welcomes Greater Maryland Paranormal Society

### September 11

10:00 a.m.–4:00 p.m.  
Soul Prints with Dee Valinski \$40

### September 11 and November 6

11:00 a.m.–6:00 p.m.  
Private Readings with Allyson Walsh \$175/hour \$100/half-hour

### September 12 and 19

1:00–3:00 p.m.  
Unlocking the Mysterious I Ching workshop \$20

### September 16

4:00–8:00 p.m.  
Merkaba Readings with Marnie Hansen \$150

### September 16

7:00–9:00 p.m.  
Weight Loss Through Hypnosis class \$25 per class

### September 17–18

T-Tapp with Kiona Leah  
☿ September 17, 5:30–6:45 p.m.  
Healthy Happy Hour FREE

☿ September 18, 1:00–5:00 p.m.  
T-Tapp afternoon  
see website for rates

See more events on page 2

## Angelic Assistance

A message from Archangel Zadkiel channeled through Inspired Journeys manager and resident practitioner, Rev. Mary Perry

*I am here, dear ones, to help you as you come to the harvest months. I beseech you to ask me for my help. It is time to transmute into the fires of the violet flame any lower forms and thoughts that do not work for you. We are at the time of the energies that show us all from the inside out; there are so many of us that can help you but you must trust us to help and ask us to help. Asking the right words must be done. Do it formally in a ceremony—a time where prayers are offered up to the Divine Creator that we all hold in our hearts. Ask us to move you into the light of God where all can be transmuted into the light of God. That is where you want to be. Please know that we will not desert you. We are here to help you move forward into the new world of new beginnings, a world of peace and love. The younger ones get it. They see that we need to be more peaceful, they see that we need to go back inside where no possessions can save you or help you through these things. It is time to divest yourself of all of the inner baggage that you have carried for so long, lifetimes.*

*Sit and breathe deeply, relaxing your physical body, letting the light of God fill you as you breathe in. Releasing any negative or lower energy as you breathe out... See this light of God that surrounds this planet, see the grid work that surrounds the planet and connects to you—from the trees, the earth, the inner worlds and the energies that fill this universe...connect to those energies as they are all God's children. Yes, feel the Oneness as you relax into the company of God, seeing yourself as part of the whole. It is beautiful, is it not? Feel the grace and love that encompasses you as you breathe it in, it is so beautiful that my friend, Mary, is crying tears of complete joy and gratitude as she brings you to this place of wonder. Let it fill you up, overflow it from all of your bodies, let it change those negative thoughts, and emotions to the higher*



Archangel Zadkiel image from the Archangel Oracle Deck by Doreen Virtue. See your monthly inspiration on page 6 for more from Archangel Zadkiel.

*consciousness. You have asked to be here now to experience this wondrous explosion of energies. To be free from all of those past years that brought the pain and suffering. Now is the time to release it all to the power of God. September starts the month of the harvest and you are to release and all that needs forgiveness, do not ignore the deepest places, bring them into the light, let this light fill you with the joy and love. Sit with this a moment to experience it, keep breathing, it will be alright.*

*I am Zadkiel, Archangel of the 7<sup>th</sup> Ray—the violet ray of transformation. See me standing before you now in the light of God; I bring you the power to step into the freedom that you want. Yes, now follow me up the crystal steps in front of you; keep breathing as you go, one by one up the*

(see Assistance on page 2)

## Upcoming Events

### September 23

7:00–7:00 p.m.

Fall Equinox Ritual with Laurissa Heller \$25

### September 26

11:00 a.m.–5:00 p.m.

Angel Day

☯ Angel Readings by Jayne Howard Feldman, Melissa Feick, Dr. Gwen MacGregor, and Rev. Mary Perry

☯ Workshops by each practitioner throughout the day

Visit [InspiredJourneys.com](http://InspiredJourneys.com) for details

### September 28

7:00–9:00 p.m.

Introduction to BodyTalk with Cheryl Castner \$25

### October 2, 7, 14, 21 and 28

10:00 a.m.–4:00 p.m.

Connect to Center: Living Life from the Inside Out 4-week workshop with Marnie Hansen \$333

### October 8

7:00–9:00 p.m.

Inspired Ghost Tracking Meetup Group welcomes Scott Morrow

### October 8–10

Rev. Charlene Hicks

☯ October 8 and 10, 1:00–5:00 p.m.

Private Readings  
\$125/half-hour, \$225/hour

☯ October 8, 7:00–9:00 p.m.

Messages from Spirit \$25

☯ October 9, 1:00–5:00 p.m.

Why is Your Birthday the Most Important Day of the Year? \$65

### October 15–17

Eden Conference with Saint Germain \$277

### October 30

2:00–4:00 p.m.

Healing Circle with Nancy Fox and Sam-U-EL \$50

### October 31

11:00 a.m.–5:00 p.m.

Halloween Reading Fest at Inspired Journeys  
15-minute readings for \$25

**WE HAVE PRACTITIONER ROOMS TO RENT**

Are you looking for a space to rent for your holistic business? Inspired Journeys has many options for six month leases.

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Option 2	2 days per week/64 hours per month/\$400 per month
Option 3	Unlimited use of room; no sharing \$600 per month

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## Assistance

(Continued from page 1)

*steps, filling yourself with the light, lifting yourself higher with each step. As we get to the top of the steps we must go across a small stream, walk through the cool water and listen to the stream making joyful noises as it flows around your every step. Follow me as we move now toward the light at the center of the clearing, the beautiful violet flame burning brightly, the flame is so high that you cannot see where it reaches to in the sky, but it is surrounded by the most beautiful white light that you know is the light the comes from you as well. Walk toward the flame and stand before it and as you do, feel all the deepest parts of you being opened and examined, let these places fill first with the white light of God, cry tears of joy that you can now release these issues that have hidden for so long. Now feel the power of the violet light as it slowly comes toward you integrating with your energies, see it fill up your aura first, and then feel it as it slowly penetrates every cell of your bodies. Feel the power this flame holds as it lights a fire inside your heart, feel it burning brightly and flowing through your entire body. No words can tell you of this feeling; you must experience it to know the truth of transformation. Feel the forgiveness and compassion enfold you, carrying all else out of your bodies up into the flame and see it raise up and flow into the light streaming into the light of God. Blessed are you my children to be born now to experience this when in past times only a few were to come here and experience this light. Some of you have been here before, it is now time to let go of what you are holding onto, let go of the pain of lifetimes past, here truly come into the lifetime where the Children of God can embrace the joy and love that is theirs. Stay in front of this light as long as you feel necessary, you may come any time you need to let go of more... the path here is open to all who want to find the love, forgiveness, and compassion they need.*

*Call upon me at any time to return to this place. I will be your guardian to this place and help you unearth those lower energies to place into the flame. Now when you are ready, step back and turn around walking back into the stream, letting the water flow gently around your feet, walk down the*

*crystal stairs until you return to your physical reality. I thank you for coming to me this day, to work with me on the path to Oneness. I will always be here to help you connects, just call my name.*

–Archangel Zadkiel

My dear friends, please enjoy what Archangel Zadkiel had to say, he is very strong with me today and wanted to express this to you for these coming times. I see this Violet Ray being very strong in the coming month. Along with the Violet Ray, as you transmute the energies of the past, the Emerald Green Ray energy comes in because your heart is being filled with healing light as all old energies are transmuted. These two rays are working together to bring you into the new world energy. I am truly blessed and thankful to be here on the planet at this time. The light is growing stronger each and every day, so many more enlightened beings are stepping in to help us and it is a very joyful time. Yes, as the energies increase we may experience some pangs, but you should take the time to look at what is calling to you at that moment. See the lesson. Our lessons are coming and we need to stop rushing to get there—wherever *there* is—and look at why we are experiencing what is there at that moment. Heal it immediately and you will move through the lesson easier. But, these energies are telling us to take the time to stop and smell the roses, hear what is being said, and embrace the changes.

Please remember that with forgiveness you set yourself free. “I forgive you and I set myself free.” Does it change what happened? No. It changes the energy attachment to it though, and it becomes a “so what, it happened “ kind of energy, freeing you to live in peace and move forward in your life.

I send my gratitude to Archangel Zadkiel for taking us all to a place of transformation, and for the love and joy that fill me completely.

Harvest your best life this month.

In light, love, peace and joy!

*Mary*

## Angelic Wisdom

by resident practitioner, Melissa Feick



Angelic wisdom has been lovingly received by many throughout the world. The assumption is that you have to have a special connection or understanding of angels before they appear in your life. Lucky for us, this is untrue. Angelic guidance and wisdom is always there for the prophet as well as the average person.

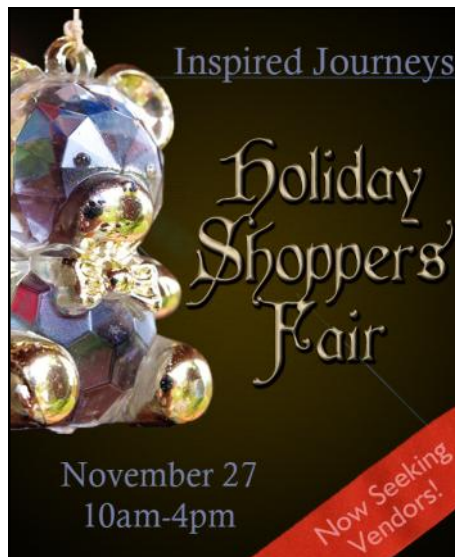
Many of us assume that the angelic encounters will be a mystical experience. We ask questions of our angels and wait in silence for the answer, expecting it to come in an intuitive way. When our expectations are not met, we assume the angels are not there or do not care about us. I hear many say that is not how I want my answer, I want a vision or to hear exact words in order for me to accept this guidance or message.

I've come to realize that the most profound angelic incidents have come in the form of a human earth angel. I have asked questions of my angels and just waited to allow the answer to come in whatever form the angels deem necessary. I have asked for guidance and have received the message through a person offering wonderful, sound advice which answers the exact questions I had asked my angels in meditation. I acknowledge the answer to my question and thank my angels!

It is up to you to recognize the answers to your questions. They may come in a simple way of hearing the answer on the radio or TV or through a friend or colleague. Angelic assistance is not always about the mystical experience, it is about the practicality of the universe. If the angels can help more than one person they will do so by giving information to the one that will spread it where it needs to go. If the information comes to you, it is your responsibility to recognize it. If you are looking for a mystical, magical answer and expecting it to come with wings and feathers you may miss the message altogether. Although it is always fun when it does come that way!

As an Angel Therapy Practitioner™, I have found so many lightworkers looking for love, guidance and wisdom from the angels. Many of them have had very profound deep mystical experiences. I recognize that it seems more divine when the answer comes through an intuitive channel of clairaudience, clairvoyance or claircognizance. I also understand the ways of the angelic realm and the universe. To truly honor your angels, accept the messages that you are receiving through divine intervention and clairvoyance as well as through daily human interactions. I have had the best guidance come through people which the angels have sent to me. I always know that how the information and answers come to me are perfect for me and those it comes through.

I hear angels speaking to me all the time, but I never expect that they will only assist me in a mystical way. I know they will assist me so I remain open and allow the response to present itself in the highest and best way. The angels ask that you allow the message to arrive in the way that is best for everyone. The more open and aware you are, the more you will find the angels and earth angels assisting you in the most profound ways. The angels also want you to know that they are there, listening and helping. The more you acknowledge the answers, the more your connection with the angels will grow and the more intuitive you will become. Enjoy your angels!



## Inspired Journeys

The Inspired Journeys newsletter is designed to awaken you to heightened consciousness, spiritual growth, and an awareness of who we really are. In each issue, we discuss thought provoking subjects such as metaphysics, inspirational, self-help, alternative health, and spiritual topics. All editions are available for viewing or downloading at our website.

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## A Wider View

by guest writer, Ginger Marcus, owner of Holistic Dynamic, Inc. [www.holisticdynamic.com](http://www.holisticdynamic.com)

*The perception of truth is dependent upon the clear vision of the beholder...*

It is no secret that our belief about an experience colors our interpretation of it. What may not be immediately obvious however, is how perspective influences our beliefs. There are many personal development seminars wherein the leader draws a small circle illustrating our current body of knowledge. They compare this to a larger one indicating what we already know is unknown to us. Then they draw a huge circle representing the vast field of information which we don't even know exists—reminding us that what we think we know is only a tiny fraction what's out there.

But the mind/ego thinks it knows, which automatically narrows perspective and limits point of view. Since childhood, we have been labeling and categorizing everything that crosses our path in order to make sense of the world in which we live. We've done a fine job into adulthood forming opinions and beliefs about nature, family, friends, government, spirituality, universe. Everything fits. At least it seems to fit...until it doesn't.

A shift in perspective can shatter a previously stable belief system, and sometimes that's not a pretty sight. When a long-held belief is challenged, the mind can go into freak-out mode, where it does everything in its power to hold on to the old paradigm—this is normal, and to be expected. The mind gets very comfortable in its little box, but when we remove a wall, it can be overwhelming.

When a client presents this type of overwhelm, it tells me we're on the right track. As Robert Frost stated, "The best way out is through"; so we proceed - out with the old, in with the new. I will venture to say that no belief system can undergo lasting change without a shift in perspective.

Here are four simple ways to widen perspective on a limiting or frustrating situation:

1. **Say it out loud.** If something is rattling around or stuck in your head, get it moving! There is no better dam-breaker than another human being. A word of caution - choose someone one who listens more than they talk.
2. **Stand in their shoes.** This is one we commonly forget when upset with a person or group. Taking the view of the other can diffuse anger, dissolve fear and deepen feelings of love and compassion.
3. **Take a step back.** Disengage from the situation. Take a walk. Sleep on it. What is seen under a microscope will be another matter through a telescope.
4. **Break routine.** This is essential. Do something different, new, or mildly frightening (and safe of course) and see what opens up for you. Do this on a regular basis to increase overall flexibility and tolerance.

When you have applied these tips to a specific challenge, ask yourself, "How did my beliefs change?" "Did I identify any beliefs

that were previously hidden from view?" What new choices can I make as a result of my work?" For added personal reflection, keep track of shifts in perspective and belief, and use descriptive words in your notes. Be sure to note how you feel in the different stages of the process.

Beliefs can be prolific, and are not always right—we are all affected by them. Your ability to act from your own inner guidance and follow your heart will be strengthened as your perspective widens, and compassion deepens. Be willing to change beliefs that no longer serve you, and enjoy the freedom it brings!

### About the Author:

Ginger is the president of Holistic Dynamic, Inc.; whose mission is to empower each client's unique journey to whole life fulfillment and vibrant health by facilitating the development of personal power through responsibility and balance. Her approach is eclectic, unconventional, and direct. Ginger sees clients at Inspired Journeys from 3-6pm on Thursdays, and at other times with advance notice. To book your session, email [events@inspiredjourneys.com](mailto:events@inspiredjourneys.com) or call 443-396-1282.

Services include Intuitive Energy Healing, Energy Kinesiology & Kinergetics, RESET Jaw Balancing, Holistic Actualization Coaching, New Life Story Coaching, Osho Insights readings, and more. Mini-sessions are available. Monthly group healing calls are available for all by donation. Visit [www.HolisticDynamic.com](http://www.HolisticDynamic.com) for the full menu.

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## Life is a Gift

a monthly message from the Hathors through resident practitioner, Rev. Carolyn Hogan



*I'm Daman and We are the Hathors, we would like to talk to you about your life on earth. Life is a wonderful gift that the source of all creation has given to all on this planet—from the life within the mineral kingdom, the plant kingdom, animal kingdom and the human kingdom. So many of you within the human kingdom take this gift for granted. Not only do so many have no respect for the gift of life for humankind, but also have no respect for the other kingdoms. We understand that there are some who do have respect for all the kingdoms that the Source has created. But what this earth needs are more of humankind to understand that all the kingdoms are important, and that if just one of the kingdoms on this earth would parish, then all on earth will parish.*

*We ask you who know how important the kingdoms are to ask the angels to help to open individuals who do not see and those that do*

*not hear, to open their hearts to all that live on the earth. We know that at this time on earth, it can take all that you can do to just deal with your own gift of life. But please remember, even the other kingdoms are going through harsh energies at this time to bring up their vibrations. All are moving forward, but the other kingdoms do not have the understanding that so many of you do. Even in the human kingdom, many do not have the understanding. So when you are asking for help from the angels, please remember those that could use your help by asking the angels to help all the kingdoms.*

*Life is a gift, even when it does not feel like it. You are here to become, and becoming is not an easy thing to accomplish.*

*We are the Hathors and I'm Daman.  
We wish you good birthing.*

*Each month, Rev. Carolyn Hogan will bring to you a very special message from the Hathors.*

## Ghost Trackers' Fall Activities Include Second Anniversary Halloween Party

by Margaret Ehrlich, Inspired Ghost Tracking Meetup Group organizer



The Inspired Ghost Tracking Meetup Group has a great schedule of events for the first part of fall with some very special guests and a few investigations.

On September 10, we welcome the Greater Maryland Paranormal Society to our monthly meetup. GMPS is a not-for-profit group whose purpose is to research and investigate evidence of paranormal phenomenon using practices and methods which are scientific in nature. At our meetup, GMPS will show a special edition of the film, *GMPS: Debunking the Myth*, and will talk about the paranormal and past investigations. There is limited seating for this event, so register early either at our monthly meetup or online at [www.meetup.com/inspiredghosttracking](http://www.meetup.com/inspiredghosttracking).

Then on September 25 we will investigate Fort McHenry in Baltimore. No landmark is more precious to Baltimoreans than Fort McHenry, where a battle that marked a turning point not only in Maryland's history, but in America's history, took place.

Scott Morrow is our guest speaker for our October 8 meetup. Scott has worked in the paranormal field for 20 years and is co-host of "Haunted Destinations," a paranormal reality-television show where he is the lead scientific investigator. Scott also teaches classes on the Paranormal and hosts "The Fearless Ghost Hunter Show" on Blogtalk radio.

On October 22 we celebrate our second anniversary with a Halloween party at the VFW Post 160, 2597 Dorsey Road, Glen Burnie. We'll have great door prizes, food, and a DJ—and a costume contest too! We'll also have a raffle for a private investigation and other great gifts. Tickets are \$15 a person or \$25

for a couple. Contact Margaret for tickets at [inspiredghst@aol.com](mailto:inspiredghst@aol.com) or stop by the VFW and ask the bartender for tickets. Our Halloween party is open to everyone, bring along your friends, family, and coworkers. Let's make this our biggest event yet!

INSPIRED GHOST TRACKING MEETUP GROUP  
**HALLOWEEN PARTY**  
 FRIDAY, OCTOBER 22, 2010  
 7:00 PM - 12:00 MIDNIGHT  
 V.F.W. POST 160  
 2597 DORSEY RD. GLEN BURNIE

FOOD  
 GAMES  
 CASH BAR  
 AUCTIONS  
 REFLEXOLOGY  
 CARD READINGS  
 PENDULUM READINGS  
 BEST COSTUME CONTEST

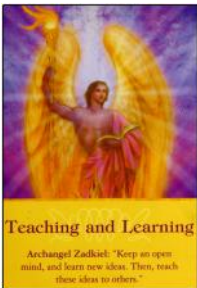
**\$25**  
 PER COUPLE

**TICKETS ON SALE NOW!**  
 AT THIS MONTH'S MEETUP AND ONLINE AT  
[WWW.MEETUP.COM/INSPIREDGHOSTTRACKING](http://WWW.MEETUP.COM/INSPIREDGHOSTTRACKING)

# Your Monthly Inspiration

## Oracle Card: Teaching and Learning

by resident practitioner and Inspired Journeys Manager, Rev. Mary Perry

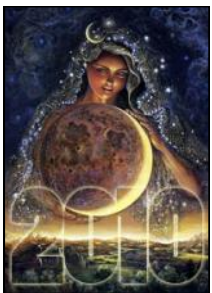


From the Archangel Oracle Deck by Doreen Virtue, on sale at Inspired Journeys for \$15.95.

Archangel Zadkiel wants us to keep our minds and hearts open to the learning that is happening to us all right now. Embrace the new thoughts, new inspirations that come to you daily. These are what you need to send out to the world now—we all need a sense of renewed hope and love to surround us as Mother Earth's energy bears down on us. This energy is calling for our deepest thoughts to be brought forward for healing. Then through our actions and love we send out, the teaching flows to all. Be careful of those thoughts, turn to the purest light that is embracing you to breathe in the miracles of light and love.

## Astrological Predictions 2010

by guest writer, Rev. Charlene Hicks, [www.violetfireenterprises.com](http://www.violetfireenterprises.com)



Since January 17 when Jupiter moved into Pisces along with Uranus we have seen tremendous amounts of water dropping out of nowhere. Jupiter is the largest planet in our solar system and in astrological terms brings excess while Uranus rules the unexpected. From June 7 until August 14, Jupiter and Uranus are found in Aries which is a fire sign taking us from wet to extremely hot and dry. On August 14, Jupiter and Uranus moved back into Pisces until the end

of the year, so once again we will have tremendous amounts of water flooding many areas worldwide.

The biggest event will be in September when we reach the moon in Pisces on September 22 as it approaches full on the 23<sup>rd</sup>. On September 22, we will have the moon in Pisces conjuncting Jupiter and Uranus combining their energies into one planetary force that evening. The moon rules the tides and in Pisces. With the help of Jupiter and Uranus, we can expect a tsunami somewhere in the world and it could come from a volcanic eruption under the ocean or earthquake. Like Krakatoa it could occur in Indonesia or heading for the California coastline. More than likely it will be in the western hemisphere with a hurricane in the East.

On the flip side of interesting facts, the most prevalent signs coming in for readings this summer and fall have been and will continue to be Aries, Cancer, Libra and Capricorn found born the first week of April, July, October and January. Those reaping the best of the yearly forecast will be those born under the sign of Pisces as Jupiter brings to fruition all that was planted the in first quarter of 2010 this fall.

## Essential Oil: Myrrh

by resident practitioner Linda Furrow



Myrrh's folklore starts well over 2,000 years before the baby Jesus received it as a gift. It was one of the most desired and most expensive items sold in the world. Historically, myrrh was used as incense in religious rituals, in embalming, as a cure for cancer, leprosy, and syphilis. Myrrh, mixed with coriander and honey, was used to treat herpes.

Myrrh is anti-infectious, antiviral, anti-inflammatory, antispasmodic, and hormone-like. It soothes skin conditions, supports the immune system, and has effect on hypothalamus, pituitary, and amygdale. Use myrrh for bronchitis, diarrhea, dysentery, hyperthyroidism (helps reduce), athlete's foot, gingivitis, gum infections, mouth ulcers, sore throats, and chapped skin. Myrrh may help with increased appetite, candida, flatulence, chapped skin, wounds and wrinkles. Myrrh also promotes spiritual awareness and uplifts the spirits.

- ☞ Astrological: Saturn, Jupiter and Sun
- ☞ Chakras: 1 and 2
- ☞ Element: Water
- ☞ Body System (s): Hormonal, Immune, Nervous System and Skin

Safety Data: Use with caution during pregnancy. Not for children under 6 years old; use with caution and in great dilution for children 6 years and older for dietary supplement.

## Astrological Events

- ☞ September 8 New moon in Virgo
- ☞ September 9 Jupiter retrograde enters Pisces
- ☞ September 21 Jupiter at opposition; will manifestation Uranus at opposition; deep contemplation
- ☞ September 22 Autumnal equinox
- ☞ September 22 Full moon in Pisces (Fruit Moon/Corn Moon)
- ☞ October 7 New moon in Libra
- ☞ October 8 Venus retrograde  
Draconids meteor shower
- ☞ October 10 10-10-10 Frequential Stargate  
Crystal Grid Activation  
Master Crystal Awakening  
Seven meteor showers
- ☞ October 21 Orionids meteor shower
- ☞ October 22 Full moon in Aries (Harvest Moon)  
dual merged energy of the emerald and violet rays

## Fall Fun at Inspired Journeys

*by resident practitioner and Inspired Journeys manager, Rev. Mary Perry*

As summer turns to fall and the kids return to school, perhaps it is the time to step into some new classes or treat ourselves to some nurturing healing. Inspired Journeys has filled our calendar with exciting workshops and classes—some with local practitioners and others with those from other areas and who want to share their wisdom with us.

We start September with Margaret Ann Lembo from Florida, coming to our area to offer readings and a Crystal Healer Certification Class on September 1, 2, and 3.

Melissa Feick continues her Intuitive Development Class on Wednesday evenings throughout September and October. Our new friend, Liz Draman, will continue her “Awaken the Shaman” class on September 1, 15 and 29.

On September 9, Dr. Gwen G. MacGregor hosts a “Creating a Sacred Mandela” class and on September 16, she starts a monthly “Weight Loss through Hypnosis” class. Dr. Gwen will present a Michaelmas class on September 29, celebrating the feast of St. Michael.

On September 8, Tara Baldwin will hold a Breaking Patterns workshop and Linda Furrow and Nancy Turner will do a Chakras for Beginners class the same night.

Allyson Walsh will be with us on September 11 and November 6 for readings. Along with her sister, Adele, Allyson will return on November 19 for another audience reading. Dee Valinski is back on September 11 too with Soul Print readings.

Rochelle Spiker takes a look at “Unlocking the Mysterious I Ching” on September 12 and 19. Amanda Sachs returns on September 12 with Usui Reiki Level 1 and September 25 with Usui Reiki Level 2 classes.

Marnie Hansen is back on September 16 with Merkaba readings. Marnie will return on October 2, 7, 14, 21 and 28 for the “Connect to Center: Living Life from the Inside Out” class.

Laurissa Heller holds a workshop called, “Embracing Your Moon’s Energy” on September 19, and on September 23 she will conduct Inspired Journeys’ Fall Equinox and Ritual.

T-Tapp returns with Kiona on September 17 and 18. We also welcome newcomer Cheryl Castner with an introduction to BodyTalk on September 28.

September 26, Inspired Journeys is holding an Inspired Journeys Angel Day. We are having Jayne Howard Feldman who will be doing a workshop called Soul Protectors, Melissa Feick will be doing a workshop called Archangel Wisdom, and Mary Perry will be doing a workshop called Working with Archangel Metatron. All three of these ladies along with Dr. Gwen G. MacGregor will also be providing 15 minute Angel Readings. Come and join us for an Angelic Day of joy and love.

Rounding out the month of September, Gary Walker starts an eight-week Level 1 Qi Gong and Breath Empowerment workshop on September 30.

October’s calendar is just as full, highlighted by two very special guests: Rev. Charlene Hicks and Saint Germain. We’ve also scheduled a special day of readings on October 31.

Rev. Charlene Hicks from Atlanta, GA will be back with private readings on October 8 and 10. On October 8, she will present “Messages from Spirit” and then on October 9, she will offer a class entitled, “Why is Your Birthday the Most Important Day of the Year?”

Saint Germain from Mt. Shasta, CA, will be at Inspired Journeys October 15, 16 and 17. Saint Germain has wonderful energy and a beautiful message to share with us as he talks about the Mayan’s calendar, “Heaven on Earth”, countdown. That weekend is packed full of wisdom and one not to be missed.

Our very first Halloween Reading Fest will be held on October 31 from 11:00 a.m. to 5:00 p.m. We will offer various practitioners doing readings for 15 minutes at a low price of \$25. A great way to spend Halloween day!

Going into November, we will host a weekend offering the wisdom of “The Flower of Life” workshop with Ron Sirchie on November 13, 14, and 15. Ron is a facilitator of Drunvalo Melchizedek’s Flower of Life introducing the world of Sacred Geometry and the Merkaba meditation.

Whew, my head is spinning! So many classes, so many interesting new areas to explore. Be sure to register early, especially for the workshops with our out-of-town speakers. Many times, the determination to cancel or run the class depends upon the number of tickets that we have pre-sold. If you register early, you may even get an early bird discount. You can register for any of Inspired Journeys’ events by emailing [events@inspiredjourneys.com](mailto:events@inspiredjourneys.com) or calling 443-396-1282. Some event tickets are sold online through our website too.

You can always find out about our scheduled events by visiting [www.InspiredJourneys.com](http://www.InspiredJourneys.com). We’ve also begun sending regular emails to those who subscribe. We also welcome ideas for classes and healing modalities that our customers wish to explore. Just give us a call or drop us an email if you would like to learn something new.

While you’re at Inspired Journeys, don’t forget to shop our store. We have added many new products and lots of crystals! We have added new jewelry, books, wallet cards representing the Archangels and for the Law of Attraction, and Smudge in Spray. Our merchandise continues to grow and change, so shop often too.

I would like to thank you for your support and to acknowledge your help in our growth over the last year. I cannot believe that I have been here for an entire year! Without all of you, we would not have experienced the growth that you have made possible. Thanks to our practitioners, our customers, and all well wishers who believe in us. My wish is that you have all the success in your lives that you deserve as well!

## Area Events of Interest

- ☞ September 11, An Evening of Spirit with James Van Praagh, Fairfax VA. James Van Praagh will appear at Harris Theater on campus of George Mason University, Fairfax. [www.cardinalcenterforhealing.com](http://www.cardinalcenterforhealing.com)
- ☞ September 18-25, Global Festival for Peace. 2010 will be the advent of the 8 Days of Peace. The 8 days of Peace starts on September 18 and ends on September 25 enfolding the International Day of Peace (Sept 21) in 2 global Prayer for Peace moments. [www.earthdance.org](http://www.earthdance.org).
- ☞ September 26, World Peace Party, Westminster MD. World Peace Party in honor of International Day of Peace. Vending space \$50. Details at [www.karmafest.com/worldpeaceparty](http://www.karmafest.com/worldpeaceparty).
- ☞ September 30-October 3, The Gathering at Joshua Tree, Joshua Tree CA. A 3 day/2 night retreat for psychics and healers and those on the path. \$260. Call Patti Hawse at 410-446-2569 or email [hawsejourneywithin@yahoo.com](mailto:hawsejourneywithin@yahoo.com).
- ☞ October 1-3, Spa Day, Columbia MD. By Cancer Support Foundation, Inc. At Howard County Holistic Center. \$50. Details at [www.cancersupportfoundation.org](http://www.cancersupportfoundation.org).
- ☞ October 3, Natural Living Expo, Adelphi MD. 10am-7pm at the University of Maryland University College Inn and Conference Center by Marriott, Adelphi MD. [www.pathwaysmagazineonline.com/Pathways%20Online/expomainpage.html](http://www.pathwaysmagazineonline.com/Pathways%20Online/expomainpage.html).
- ☞ October 9, Law of Attraction Workshop, Washington DC. Attend an Abraham-Hicks Law of Attraction workshop with Esther and Jerry Hicks. \$195, \$245 at the door. [www.abraham-hicks.com](http://www.abraham-hicks.com).
- ☞ October 9, Spa Day, Bowie MD. By Cancer Support Foundation, Inc. At Howard County Holistic Center. \$50. Details at [www.cancersupportfoundation.org](http://www.cancersupportfoundation.org).
- ☞ October 21-24, Hoyt Robinette, Arlington VA. Rev. Hoyt Robinette will return to serve the NOVA/DC metro with private readings and spirit card circles. Email [arlvarme@aol.com](mailto:arlvarme@aol.com) or call 703-920-4517 for details.
- ☞ October 22, Inspired Ghost Tracking Meetup Group Anniversary Party, Glen Burnie MD. VFW Post 160, Glen Burnie, MD. \$15/each or \$25/couple. Buy tickets at [www.meetup.com/inspiredghosttracking](http://www.meetup.com/inspiredghosttracking).
- ☞ October 22-24, Mind Body Spirit Expo, King of Prussia PA. Featuring Neal Donald Walsh, Colette Baron-Reid, Donald Miguel Ruiz, and Debora King. Valley Forge Convention Center. [www.mindbodyspiritexpo.com](http://www.mindbodyspiritexpo.com).
- ☞ October 23, Amazing Woman's Day, Philadelphia PA. Conference for (mostly) woman held for the first time in Philadelphia. Details at Amazing Woman's Day website, [www.amazingwomensday.com/Philadelphia.htm](http://www.amazingwomensday.com/Philadelphia.htm).
- ☞ October 23-24, Green Festival, Washington DC. Celebrate At the Washington Convention Center. [www.greenfestivals.org/wdc/updates](http://www.greenfestivals.org/wdc/updates).
- ☞ October 28-31, Hoyt Robinette, Davidsonville MD. Private readings and spirit card circles by Rev. Hoyt Robinette. Contact Peggy at [ladyfish76@comcast.net](mailto:ladyfish76@comcast.net) or by phone at 410-451-4056. (Hoyt returns to Inspired Journeys Spring 2011)
- ☞ November 6, Spa Day, Catonsville MD. By Cancer Support Foundation, Inc. At Howard County Holistic Center. \$50. Details at [www.cancersupportfoundation.org](http://www.cancersupportfoundation.org).

